

High School Lunch Meal

Five Items

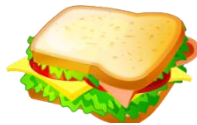
1. **Protein**
2. **Bread**
3. **Fruit**
4. **Vegetable**
5. **Milk**

You may take all five items, but must take at least three items, with one of those three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).

If you do not have a fruit or vegetable it is not a meal and you will be charged ala carte, which can cost more than the full meal price and be less nutritious!

Choose One Entrée

(**Protein, Bread**)



Choose up to 2 Fruits & 2 Vegetables



Only 1 Juice per meal

Choose One Milk

(1% white, skim white & non-fat chocolate milk)

